

Name _____

Creative Date Contest

Let's see who can come up with the best idea for a creative date. The idea must be inexpensive, realistic, not allow for alone time that may cause pressure to move up the steps, and fun! The winner will get a prize at the next *Alive and Well* session. Below are some ideas to help you get started.

Good Ideas 😊

Get a group of friends to go to a state park for a hike (everyone bring something to make a picnic).

Get a group to go to Goodwill or garage sales, buy outfits and wear them to dinner that night.

Ride bikes and stop for ice cream.

Bad Ideas 😞

Going on a date without having plans to keep you busy.

Being home alone watching a movie.

Driving around with nothing to do.